

WHAT KIND OF TEST AM I STUDYING FOR?

FACTUAL/ DOWNLOADING
(like a quiz show)

ANALYSIS/ PERFORMANCE
(like a musician or athlete)

1. What kinds of questions will it include?

- True/False
- Multiple choice
- Matching
- Other:
- Fill-in-the-blank
- Essay
- Short answer

2. What is the scope of information for which I am responsible?

3. How can I best memorize the material?

- Format shift
- Concept map
- Other:
- Multiple sources
- Mnemonics

4. Would it help me to study with someone else? If so, who should that be?

5. How will I be sure that I know what I need to know?

1. What kinds of procedures will it include?

2. What is the scope of information for which I am responsible?

3. How can I come up with practice problems?

- Online
- From a textbook
- From the teacher
- Other:
- From a peer
- Make up yourself

4. Would it help me to practice with someone else? If so, who should that be?

5. How will I be sure that I can do what I need to do?

For more tips and resources, visit the *Mind Matters at Southeast Psych* website:

eachmindmatters.com