

The Betty Newsletter



Issue # 6

Welcome Back!

A new year, new people, new goals, new SAFCS

First off, WELCOME BACK! At the start of every semester there are plenty of things to take care of and everyone is busy. Whether it is driving around the parking lot for an hour looking for a spot, trying to add a class, or freaking out about what is expected of you on a syllabus, these first days can be a little crazy. So for this first Betty we are keeping it simple. However, there are some important things we need to cover.

This semester means SAFCS elections, new members, fundraisers, meeting times, and events. At the end of this semester we hope to have a good outlook for next year as well as the future of SAFCS. We are going to be saying goodbye to a lot of senior members and hello to many newcomers. So get ready. It is time for us to set goals for ourselves and make plans to put those goals into action. Last semester we accomplished many things including a successful fundraiser for Habitat for Humanity!

Finally, there is *The Betty*. Similar to last semester we hope to cover every option in this newsletter, however, this semester we will strive to have more articles, and greater representation from all the options. If this is the first Betty you have read, join us. Tell us something wonderful about your option. What is going on with current events and your option? Who are the professors and what are they all about? Why did you choose this option and where do you want to go from here? What are current trends in your field and what does the future hold? Or anything else you wish to tell FCS students. Having written for a newsletter looks great on a resume and you may even get credit for it in your classes. As for those

of you who are familiar with the Betty, start writing or keep writing! These articles are a helpful tool to other students and bring recognition to our great professors. The Betty is published every meeting day of the semester. To submit articles follow the instructions in the blue box on the last page!

Last semester was great and full of wonderful articles and facts coming from every option. Although we didn't see much of Interior Design, what we saw was awesome. We learned all about the success of a rising student within the fashion industry, and so many facts about nutrition. Consumer students wrote to us about current issues and Family Studies students taught us about the importance of the family and their option. Our Education option students enlightened us to credential information and more. Please check out previous Bettys at Erin Matthews' website at www.csun.edu/~ematthews.

-Amy Wolpa

This Newsletter was named The Betty after the Betty Lamp. A symbol adopted by Family and Consumer Sciences representing joy, knowledge, fellowship, cooperation, service, achievement, and the light of home and mind.



CONGRATULATIONS, AMANDA!

Our very own Amanda Allegra (President of SAFCS) has won the Leadershape Institute Scholarship proved by Kappa Omicron Nu (KON). She is an outstanding member of KON and an exemplary student in Family Studies. Amanda was chosen to go to the Leadershape Institute out of all the KON members nationwide. Congratulations! The Leadershape Institute is the opportunity of a lifetime. The Leadershape Institute is an interactive, energizing, and unique experience that builds



leadership skills no other program can match. It is six days of non-stop self-discovery and learning from practical experiences that will build leadership concepts and abilities. This opportunity is going to change Amanda's life.

Amanda will get to go on this journey this summer, will any of you want to join her? I wish I could. If you are interested in the Leadershape Institute please visit, www.leadershape.org You should be very proud of yourself, and we cannot wait to see what skills you will return with.

-Erin Matthews, M.S.



Coming up this semester!

~First Meeting will be held Wednesday, February 6th in SQ 102 at 11:45AM

~SAFCS meets every other Wednesday at the same time (11:45AM in SQ 102)

~Week of Feb 6-14 we will be selling "Kisses" to raise money for Heifer International

~AAFCS 99th Annual Conference and Expo in Milwaukee, WI June 19-22

Cookie Feast on Feb. 27 from 1pm-2pm in SQ 112 (times tentative)

Submitting to The Betty:

After writing your article(s) please email the article, a small photo of yourself, along with your full name, your year and your option, in a word document to any of the following individuals:

Betty Editor: Amy Wolpa: amy.wolpa.65@csun.edu

SAFCS Advisor: Erin Matthews, M.S.: erin.matthews@csun.edu

SAFCS President: Amanda Allegra: allegra13@yahoo.com

After they are sent in they will be edited and published in the next issue!