

1. Launch iMovie HD located on Dock

Create a New Project

2. Select

We suggest you to choose " **Movies** " folder for your project location and

Video Format: **DV** for camcorder with tape Click on " **Create** " to create your project

- 3. Import your video to your project. We suggest you to rewind the tape to the beginning of the selected 10 minutes video. Try NOT to import the whole tape: it will take longer to process.
- 4. After having 10min of video in the project, Drag this video to *Timeline* section
- Choose Share --> QuickTime --> Compress movie for: Web (as shown in figure Below; VERY IMPORTANT) → click Share. You will be asked for location of your final product which is your MOV file; please note it down.

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Videocamera	QuickTime	Email	Bluetooth	iDVD	iPod	iWeb	GarageBand
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	Your mo approxin Estimate	Your movie will be compressed to 12 frames per second, approximately 320 x 240, with medium-quality stereo sound. Estimated size: 799 KB to 1.2 MB.					
	Share sel	ected cli	ps only		Cancel	Sh	are