

PATHWAYS TO SUCCESS AS REGISTERED DIETITIANS

MARILYN MAGARAM CENTER

FOOD SCIENCE • NUTRITION • DIETETICS



Do you enjoy food? How about cooking?
 Are you interested in learning about how
 food affects health?
 Do you like communicating with, teaching
 or providing service to people?

Have you considered a career in Nutrition and Dietetics?

What is Nutrition and Dietetics?

Nutrition and Dietetics is the branch of knowledge concerned with the diet and its effects on health. It involves using scientific understanding of how the body uses nutrients. Practitioners apply this knowledge to help people achieve, maintain health and prevent disease.

Why Study Nutrition and Dietetics?

There are many health issues attributed to poor diet and nutrition. Having advanced knowledge about food and nutrition will help guide individuals and organizations on what to eat in order to lead healthy lifestyles and reach specific health-related goals.

What is a Registered Dietitian Nutritionist (RDN)?

Registered Dietitian Nutritionists are food and nutrition experts!

True/False: There is a difference between a nutritionist and a Registered Dietitian Nutritionist?

Answer: True. It's common to think the two titles are interchangeable, however the level of training is immensely different. The high level of training dietitians receive allow them to be accredited by the Academy of Nutrition and Dietetics and legally protected by the Commission on Dietetic Registration.

True/False: Registered Dietitian Nutritionists only work in hospitals.

Answer: False. RDNs can work in a variety of locations from private practice to research and corporate wellness programs at employers at Disneyworld and FOX News!

Careers in Nutrition and Dietetics



Provide medical nutrition therapy at hospitals and clinics



Oversee research or develop new products



Counsel clients in private practice or institutions



Provide expertise to businesses and industries



Develop nutrition programs designed to prevent disease and promote health in the community



Potential Employers

The image contains logos for the following organizations: USDA, FNS (Food & Nutrition Service), USDA FSIS, Northeast Valley Health Corporation, Kaiser Permanente, UCLA Health, FDA (U.S. Department of Health & Human Services), FOX NEWS, California WIC (Women, Infants, and Children), Disneyland, and the National Center for Human Genome Research (CSPH).

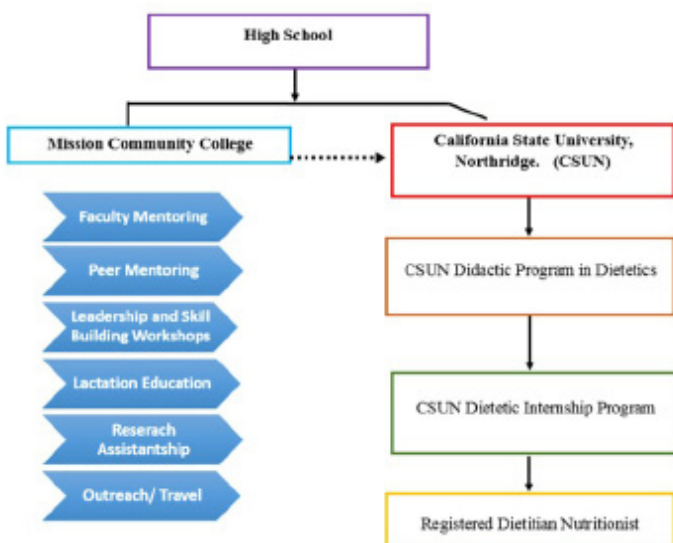
About Pathways to Success

The program, Pathways to Success as Registered Dietitians, is a collaborative effort between the Magaram Center, CSUN's Department of Family and Consumer Sciences and Department of Health Sciences, Los Angeles Mission College, and several USDA agencies, including the California Women, Infants and Children (WIC) supplemental nutrition program. Pathways is an Undergraduate Dietetics Fellowship Program that accepts 10 Juniors yearly to receive scholarships, become Dietetic Fellows, receive proactive advisement support, paid research assistantship, and peer and faculty mentoring. Fellows will participate in a variety of professional development and training opportunities including: comprehensive lactation education training, career mentorship, leadership and professional skills workshops and more.

Mission of Pathways:
To prepare YOU to be
the next generation
of food and nutrition
experts!



Pathways to Success Logic Model



ABOUT MARILYN MAGARAM CENTER

Our VISION

To be the recognized Center of Excellence in Food Science, Nutrition and Dietetics serving the global community.

Our MISSION

The mission of the Marilyn Magaram Center (MMC) is to enhance and promote good health and well-being through research, education and services in food science, nutrition and dietetics.

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For more information about the Pathways
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