

### WHAT IS A STROKE?

A stroke is the sudden lack of blood supply to an area of the brain due to problems with the arteries, which are vessels that send blood to different parts of the body, including the brain.

When this constant supply of blood is cut off to an area of the brain, that part of the brain starts to die within a couple of minutes.

### WHO WE ARE

Stroke Force is a group of UCLA undergraduate research students that work in the Emergency Department of the Ronald Reagan UCLA Medical Center under the supervision of Dr. Sidney Starkman. We work closely with a special team of doctors called the Brain Attack Team. By enrolling eligible stroke patients into clinical trials, we try to find and test the best possible treatments for stroke victims and survivors. But most importantly, our ultimate goal is to educate the community about stroke signs and symptoms, promoting stroke

# WHAT YOU NEED TO KNOW ABOUT STROKES

**UCLA Student Stroke Force** 





# STROKES ARE PREVENTABLE

Treatable risk factors include:

- Tobacco usage
- Heavy alcohol usage
- Diabetes
- High cholesterol
- High blood pressure
- Lifestyle/diet

## SIGNS & SYMPTOMS

THE SUDDEN INABILITY TO WALK



THE SUDDEN INABILITY TO TALK



THE SUDDEN INABILITY TO SEE THE WORLD NORMALLY





THE SUDDEN INABILITY TO USE OR FEEL ANY PART OF THE BODY



#### WHAT TO DO



If you are experiencing or witnessing a stroke, CALL 911 immediately! A stroke is a medical emergency!



We emphasize that TIME IS BRAIN. When a stroke occurs, the brain's blood supply is cut off. The sooner the stroke victim can receive treatment, the more brain we can save!