

RTM 151C WINTER MOUNTAINEERING // DAY TRIP

DATE: February 12, 2011

TIME: Trip begins at the trailhead at 8:15 on Saturday morning. Will return to the parking area approximately 2:00 on Saturday afternoon. (Ski rental shop opens at 7:30 am – be there before it opens). Please check website and/or your email on Friday for confirmation of trip start location (#1 or #2) and ski or no ski requirements).

WHERE: Mt. Pinos Campsite Area on the Mt. Pinos Highway (preference 1 with more snow)// Site may change to top of the mountain – preference #2. Consult map on back

- 1) From Northridge, take the I-5 north toward the Grapevine//etc.
- 2) After the Gorman Exit the next Exit will be Frazier Park. Exit at Frazier Park and go left West) toward Frazier Park/ Lake of the Woods.
- 3) Stop at the rental store in Lake of the Woods if you need to get stuff.
- 4) Proceed west to the Mt.Pinos turnoff (which will be a fork to the left).
- 5) Proceed up the road past McGill Campground area until you reach Mt.Pinos campground area.

(If you get to where the road ends you have gone too far for preference #1 (you are at preference # 2). Come back down the mountain if we are using preference # 1.)

Mileage notes: CSUN TO Frazier Park exit=60 miles. Frazier Park to Mt. Pinos= 14 miles. Total miles approximately 75 miles. Estimated travel time 1.5 hours.

Topics: cc ski technique// snow shoe technique demo// ice axe self-arrests//snow climb techniques with crampons

THINGS TO BRING:

ESSENTIAL ITEMS

Warm Clothes

(ideal is wool pants/ layers)

Rain Jacket and Rain Pants

or Windbreaker/Garbage Bag for pants

Sunscreen

Plastic Water Bottle (2 qts)

CC Ski - boots/skies/poles

(\$6.00 @ mountain rental)

Sunglasses

Lipbalm (Labiosan)

Snack Food/Lunch

Boots/Socks

Hat/Gloves

Day pack

OPTIONAL ITEMS

Pencil & Notebook

Camera

Chains for your car

Snow shoes

Field Guide

Gaiters

More lunch if you want to spend after class time on the mountain

What NOT to bring: alcohol, illegal drugs, miscellaneous people, firearms, audio/video devices (to bring alcohol or illegal drugs will mean a failing grade assignment; their use is inconsistent with our safety policy)

Cancellation: if in doubt **check website and/or email.**

Misc. rules: trail begins and ends at trailhead; follow staff's instructions; pay attention

For map to the Ski Rental facility go to Yahoo and type in Lake of the Woods, CA. The intersection of Cuddy Valley Road and Lockwood Valley Road meet in the center of town and the Mt. Pinos Wintersports Rental facility is on the north corner. The map below is for after you've turned on the Mt. Pinos turn-off.

