












## January



1/25	7:00 PM	<b><u>Matador Faculty and Staff Appreciation Series -Women's Basketball vs. UC Santa Barbara</u></b> Facilitated by: Matadors vs. Santa Barbara Gauchos	Matadome
1/26	12:00 PM - 1:00 PM	<b><u>Smoking Cessation - Now is the Time</u></b> Facilitated by: Ester Jun, M.D.	Oviatt 16
1/30	2:00 PM - 3:00 PM	<b><u>Incorporating Healthier Behaviors into Your Lifestyle</u></b> Facilitated by: Sandra Salute	Oasis Center

## February



2/01	7:00 PM	<b><u>Matador Faculty and Staff Appreciation Series-Men's Basketball vs. Long Beach State</u></b> Facilitated by: Matadors vs. Long Beach 49ers	Matadome
2/02	9:00 AM - 12:30 PM	<b><u>American Red Cross Adult CPR and AED (Automated Extended Defibrillation)</u></b> Facilitated by: Daniel Castellon	Oviatt 16
2/06	8:00 AM - 4:00 PM	<b><u>CalPERS: One-on-One Consultations</u></b> Facilitated by: Mindy Fox	Oviatt 16
2/07	10:00 AM - 11:00 AM	<b><u>Savings Plus - Investing</u></b> Facilitated by: Joshua Hayes	Oviatt 16
2/07	10:00 AM - 11:30 AM	<b><u>Student Success Panel - Connecting to the Students We Serve</u></b> Facilitated by: Debra Hammond	Ferman Presentatin Room, Oviatt 
2/08	12:00 PM - 1:00 PM	<b><u>Matador Book Club - All the Light We Cannot See</u></b> Facilitated by: Elizabeth Adams, Melanie Williams, and Deborah Cours	Oviatt 16
2/14	12:00 PM - 12:55 PM	<b><u>Building Marshal Training</u></b> Facilitated by: Jenny Novak	Oviatt 16 
2/14	9:00 AM - 10:30 AM	<b><u>Documentation Can Help Raise the Bar for You and Your Employee(s)</u></b> Facilitated by: Toni Strauja	Oviatt 16 
2/15	12:00 PM - 12:55 PM	<b><u>Identity Theft Prevention</u></b> Facilitated by: Stacey Nowak	Police Services Training Room
2/15	2:00 PM - 3:00 PM	<b><u>MaNEx - Managing at Northridge (Security Awareness)</u></b> Facilitated by: Kevin Krzewinski	Oviatt 16
2/16	10:00 AM - 11:30 AM	<b><u>Business Writing: Clearly Communicating Your Message</u></b> Facilitated by: Iswari Pandey	Oviatt 16 
2/21	2:00 PM - 3:30 PM	<b><u>Project Management: Adding Value, Delivering Results</u></b> Facilitated by: Jonathon Hicks	Oviatt 16 
2/21	12:00 PM - 12:55 PM	<b><u>CSUN Emergency Procedures and Emergency Notification</u></b> Facilitated by: Jenny Novak	Police Services Training Room
2/22	12:00 PM - 1:30 PM	<b><u>MMC Creative Cooking and Wellness Series</u></b> Facilitated by: Marilyn Magaram Center Staff	Oviatt 16
2/22	7:00 PM	<b><u>Matador Faculty and Staff Appreciation Series-Men's Volleyball vs. USC</u></b> Facilitated by: Matadors vs. USC Trojans	Matadome
2/22	10:00 AM - 11:30 AM	<b><u>Eldercare: The Emotional Challenges for Caregivers</u></b> Facilitated by: Yael Wyte, Empathia / Life Matters	Oviatt 16 
2/28	12:00 PM - 12:55 PM	<b><u>Disaster Ready 101: Introduction to Personal Preparedness</u></b> Facilitated by: Jenny Novak	Police Services Training Room
2/28	10:00 AM - 12:00 PM	<b><u>LGBTQ from A to Z</u></b> Facilitated by: Sarina Loeb	Thousand Oaks Room, USU 




# March

3/01	9:00 AM - 10:30 AM	<b><u>The Buck Stops Here: Cash Handling Training</u></b> Facilitated by: May Ligh & Steve Woods	Extended University Commons, EU 130	
3/01	10:00 AM - 11:00 AM	<b><u>International Travel 101</u></b> Facilitated by: Cyndi Paull, Marlene Gale, & Cynthia De La Fuente	Ferman Presentatin Room, Oviatt	
3/01	2:00 PM - 3:30 PM	<b><u>Finding the Right Fit: How to Conduct an Effective Interview</u></b> Facilitated by: Mika Williamson	Oviatt 16	
3/02	9:00 AM - 11:00 AM	<b><u>Budgeting in Action</u></b> Facilitated by: Edith Winterhalter, Callie Juarez, and Cecille Avila-Robison	Oviatt 16	
3/06	12:00 PM - 1:00 PM	<b><u>StressLESS: A Guide to Stress and Sleep Management</u></b> Facilitated by: Amy Rosenblatt & Susan Krikorian	Oviatt 16	
3/06	10:00 AM - 11:00 AM	<b><u>An Empowering Approach: Understanding and Responding to Campus Sexual Violence</u></b> Facilitated by: Susan Hua & Katie LaRue	Oviatt 16	
3/07	12:00 PM - 12:55 PM	<b><u>Fire: Safety in the Home and Wildfire Perparedness</u></b> Facilitated by: Jenny Novak	Police Services Training Room	
3/07	9:00 AM - 11:00 AM	<b><u>When Coaching and Counseling are Not Enough: Taking Corrective Action &amp; Improving Performance</u></b> Facilitated by: Toni Strauja	Oviatt 16	
3/08	10:00 AM - 11:30 AM	<b><u>Next Generation Collaboration for Breakthrough Impact</u></b> Facilitated by: Raji A Rhys & Kristina de la Vega	Ferman Presentatin Room, Oviatt	
3/08	12:00 PM - 1:00 PM	<b><u>Matador Book Club: Where Am I Wearing?</u></b> Facilitated by: Elizabeth Adams, Melanie Williams, and Deborah Cours	Oviatt 16	
3/09	2:00 PM - 3:00 PM	<b><u>An Inside Perspective to Financial Planning for Retirement: Exploring Investments &amp; Other Savings</u></b> Facilitated by: Kristine Beck & Inga Chira	Oviatt 16	
3/09	12:00 PM - 12:55 PM	<b><u>Cyber Safety</u></b> Facilitated by: Stacey Nowak	Police Services Training Room	
3/10	12:00 PM - 1:00 PM	<b><u>Planting an Organic Vegetable Garden in 5 Easy Steps</u></b> Facilitated by: Mario Giraldo	Campus Organic Garden	
3/10	2:00 PM - 4:00 PM	<b><u>Fidelity 403B Help Desk</u></b> Facilitated by: Christel Whittier	Oviatt 16	
3/10	12:00 PM - 1:30 PM	<b><u>Fidelity 403B Workshop</u></b> Facilitated by: Christel Whittier	Oviatt 16	
3/13	10:00 AM - 12:00 PM	<b><u>CalPERS Seminar - Planning for Your Retirement</u></b> Facilitated by: Mindy Fox	Oviatt 16	
3/14	9:30 AM - 4:00 PM	<b><u>Water Day</u></b> Facilitated by: Institute for Sustainabilty	Northridge Center	
3/14	1:00 PM - 3:00 PM	<b><u>Managing Conflict in the Work Environment - Supervisors &amp; MPPs</u></b> Facilitated by: Whitney Scott	Oviatt 16	
3/15	10:00 AM - 11:30 AM	<b><u>Student Success: Preparing Your Teen for Life After High School</u></b> Facilitated by: Dwayne Cantrell	Ferman Presentation Room, Oviatt	
3/16	12:00 PM - 12:55 PM	<b><u>Tsunami Awareness for Southern California Residents</u></b> Facilitated by: Jenny Novak	Police Services Training Room	
3/21	12:00 PM - 12:55 PM	<b><u>Living in Earthquake Country: Preparing for the Big One</u></b> Facilitated by: Jenny Novak	Police Services Training Room	
3/23	11:00 AM	<b><u>Matador Faculty and Staff Appreciation Series-Beach Volleyball vs. Pepperdine</u></b> Facilitated by: Matadors vs. Pepperdine Waves	Beach Volleyball Facility	
3/28	12:00 PM - 12:55 PM	<b><u>Emergency Kit Essentials</u></b> Facilitated by: Jenny Novak	Police Services Training Room	


3/28	12:00 PM - 1:00 PM	<b><u>Learning Can Be Fun and Almost Free: The CSU Fee Waiver &amp; Reduction Program Benefit</u></b> Facilitated by: Nikki Valadez, Nick Alexander, Belinda Oborn, and Phyllis Delgado	Oviatt 16	
3/29	12:00 PM - 1:30 PM	<b><u>MMC Creative Cooking and Wellness Series</u></b> Facilitated by: Marilyn Magaram Center Staff	Oviatt 16	
3/29	9:00 AM - 10:30 AM	<b><u>Respect in the Workplace</u></b> Facilitated by: Empathia / Life Matters	Oviatt 16	
3/30	12:00 PM - 12:55 PM	<b><u>Creating Family Emergency Plans</u></b> Facilitated by: Jenny Novak	Police Services Training Room	
3/30	12:00 PM - 1:00 PM	<b><u>Smoking Cessation - Now is the Time</u></b> Facilitated by: Ester Jun, M.D.	Oviatt 16	

## April

4/04	3:00 PM	<b><u>Matador Faculty and Staff Appreciation Series-Men's Baseball vs. Pepperdine</u></b> Facilitated by: Matadors vs. Pepperdine Waves	Matador Field	
4/04	2:00 PM - 3:30 PM	<b><u>Understanding and Playing a Role in CSUN's Student Success Initiatives</u></b> Facilitated by: Kristy Michaud & Elizabeth Adams	Oviatt 16	
4/04	12:00 PM - 1:00 PM	<b><u>You Can't Take It with You: Estate Planning - What Happens to Your Real Estate</u></b> Facilitated by: Tom Christopher & June Penrod	Oviatt 16	
4/05	2:00 PM - 3:30 PM	<b><u>Post Award Workshop: Successfully Manage Your Grant and Comply with Rules &amp; Regulations</u></b> Facilitated by: Georg Jahn	Oviatt 16	
4/05	9:00 AM - 11:00 AM	<b><u>Improving Team Interactions: Exploring the Instinctive Drives Tool</u></b> Facilitated by: Toni Strauja	Oviatt 16	
4/06	10:00 AM - 11:00 AM	<b><u>Communication Secrets for Success</u></b> Facilitated by: Bridget Sampson	Oviatt 16	
4/10	8:00 AM - 4:00 PM	<b><u>CalPERS: One-on-One Consultations</u></b> Facilitated by: Mindy Fox	Oviatt 16	
4/11	10:00 AM - 11:30 AM	<b><u>For Staff: Understanding How CSUN's Classification &amp; Compensation System Works</u></b> Facilitated by: Mika Williamson & Lynn Marks	Oviatt 16	
4/11	2:00 PM - 3:00 PM	<b><u>What's Trending in Nutrition for 2017?</u></b> Facilitated by: Ellen Bauersfeld	Oviatt 16	
4/12	2:00 PM - 3:00 PM	<b><u>MaNEx   LEAN Process Management: Ways to Incorporate It into Your Area</u></b> Facilitated by: S. Jimmy Gandhi	Oviatt 16	
4/12	12:00 PM - 1:00 PM	<b><u>Matador Book Club - However Long the Night</u></b> Facilitated by: Elizabeth Adams, Melanie Williams, and Deborah Cours	Oviatt 16	
4/12	5:30 PM - 8:30 PM	<b><u>Basics of Pepper Spray Defense</u></b> Facilitated by: Stacey Nowak	Police Services Trainin Room	
4/12	10:00 AM - 11:00 AM	<b><u>Savings Plus - Nearing Retirement</u></b> Facilitated by: Joshua Hayes	Oviatt 16	
4/13	2:00 PM - 3:00 PM	<b><u>Understanding CSUN's Procurement Policy</u></b> Facilitated by: Deborah Flughum	Oviatt 16	
4/13	12:00 PM - 12:55 PM	<b><u>Building Marshal Training</u></b> Facilitated by: Jenny Novak	Police Services Training Room	
4/18	2:00 PM - 3:00 PM	<b><u>Matador Country: Building Relationships with Our Valley Neighbors</u></b> Facilitated by: Rob Gunsalus	Juniper Hall 4117	
4/19	12:00 PM - 1:30 PM	<b><u>MMC Creative Cooking and Wellness Series</u></b> Facilitated by: Marilyn Magaram Center Staff	Oviatt 16	
4/19	10:00 AM - 11:30 AM	<b><u>Supporting Employees with Disabilities: How Do You Respond to a Disability-Related Accommodation</u></b> Facilitated by: Susan Hua & Laurie Gold-Brubaker	Oviatt 16	

4/20	9:30 AM - 11:00 AM	<b><u>Workplace Violence/Surviving an Active Shooter Incident - Part I</u></b> Facilitated by: Anne Glavin and Kristina de la Vega	Police Services Training Room	
4/20	10:00 AM - 11:00 AM	<b><u>Safer International Travel: Preparation, Immunizations &amp; Staying Well</u></b> Facilitated by: James Merrin	Klotz Student Health Center, 2nd FI Conference Room	
4/23	1:00 PM	<b><u>Matador Faculty and Staff Appreciation Series-Women's Softball vs. Cal Poly</u></b> Facilitated by: Matadors vs. Cal Poly Mustangs	Matador Diamond	
4/24	10:00 AM - 11:00 AM	<b><u>Saving Money for College Through a 529 Program - Scholar Share</u></b> Facilitated by: Garianne Dashiell and Gregorio Alcantar	Oviatt 16	
4/25	10:00 AM - 11:00 AM	<b><u>CSUN Rise: Maximizing the Identity System &amp; Positioning Platform</u></b> Facilitated by: Jeff Noblitt & Kevin Lizarraga	Oviatt 16	
4/27	9:30 AM - 11:00 AM	<b><u>Workplace Violence/Surviving an Active Shooter Incident - Part II</u></b> Facilitated by: Anne Glavin and Kristina de la Vega	Police Services Training Room	

## May

5/02	12:00 PM - 12:55 PM	<b><u>Maintaining a Proactive Approach to Personal Safety</u></b> Facilitated by: Stacey Nowak	Police Services Training Room	
5/18	12:00 PM - 1:00 PM	<b><u>Smoking Cessation - Now is the Time</u></b> Facilitated by: Ester Jun, M.D.	Oviatt 16	

## Series

1/23	11:00 AM - 1:00 PM	<b><u>Lunch Time Express Begin, (Weekly M &amp; W, ends 5/17)</u></b> Facilitated by: SRC Trainers	Student Recreation Center	
1/24	12:00 PM - 1:00 PM	<b><u>Working Moms Brown Bag Lunch Begins, (Monthly)</u></b> Facilitated by: Amy Reichbach & Susan Krikorian	Oviatt 16	
2/02	5:30 PM - 6:20 PM	<b><u>Commit To Be Fit Begins - Orientation (Weekly M-Th)</u></b> Facilitated by: Kim Henige & Shabnam Islam, Kinesiology	Redwood Hall 200	
2/06	12:00 PM - 1:00 PM	<b><u>Mindfulness Mondays Begin, (Weekly M, ends on 5/8)</u></b> Facilitated by: Institute of Community Health and Wellbeing	Santa Susana Hall, Rm 115	
2/08	12:00 PM - 1:00 PM	<b><u>Walkability Wednesdays Begin, (Weekly W, ends on 5/10)</u></b> Facilitated by: Institute of Community Health and Wellbeing	Santa Susanna Hall, Rm 108	
5/25	8:00 AM - 5:00 PM	<b><u>CalPERS: One-on-One Consultations</u></b> Facilitated by: Mindy Fox	Oviatt 16	
Monthly	8:00 AM - 5:00 PM	<b><u>Fidelity One-on-Ones: register at <a href="https://nb.fidelity.com/public/nb/default/fort">https://nb.fidelity.com/public/nb/default/fort</a></u></b> Facilitated by: Christel Whittier	Oviatt 16	

### Registration Information:

For registration and descriptions of these and other programs, visit our online calendar at: <http://www.csun.edu/development/training>.