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Media Advisory

**CSUN Students to Gain Holistic Medicine Knowledge from
“Holistic Health Workshops” at the Oasis Wellness Center**

- WHAT:** The Oasis Wellness Center at the University Student Union invites all CSUN students to “Holistic Health Workshops”, where they will learn valuable information about holistic health and the theory of holistic medicine.
- WHO:** Tiffany Shanks, Wellness Center Manager, and Joo Kim, College of Health and Human Development Instructor, are responsible for coordinating this event.
- WHEN:** Every Friday at 12 to 1 p.m. from April 1 until May 13
- WHERE:** Oasis Wellness Center in the University Student Union
- WHY:** To help students gain a better understanding of the benefits of holistic health and medicine.
- BACKGROUND:** The Oasis Wellness Center has teamed up with The College of Health and Human Development to make students more aware of holistic health. Students of the HSCI 335 Holistic Health class will present information on holistic health and the theory of holistic medicine in these beneficial workshops. Online registration for each class will open 24 hours before the scheduled date. For more information about “Holistic Health Workshops” and the Oasis Wellness Center, please visit www.csun.edu/oasis.

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The University Student Union (USU) is committed to inclusion, diversity and personal growth for all students while providing services such as study areas, a computer lab, TV lounge, games room and wireless printing kiosks in addition to a variety of food options and a wide range of events. The USU includes the Student Recreation Center, Oasis Wellness Center, Pride Center and Veterans Resource Center. To learn more, please visit www.csun.edu/usu.