

# California State University Northridge

## Dietetic Internship 2014-15

### **Christina (Yee-Chi) Chen**

Christina (Yee-Chi) received her B.S. in Biology from the University of British Columbia in 2009. She proceeded to work at a research lab for 2 years at USC. She completed her Master's in Nutrition by spring of 2014 Cal Poly Pomona. She was employed as a diet clerk at a food service facility at the Casa Colina Centers for Rehabilitation Hospital. She also worked with professors in helping evaluate nutrition education programs as part of a collaboration project with Kaiser Permanente Hospital. She has volunteered a WIC clinic. She was a member of the Food and Nutrition club on campus, and is a current member of the AND.



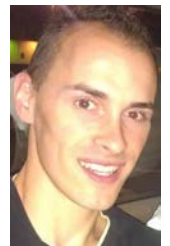
### **Nare Davoodi**

Nare received her B.S. in Nutritional Science from the California State University of Los Angeles in 2013. She volunteered at PHFE WIC for one year and committed to fifty hours of service at the Hoover High School cafeteria. She was hired as a Degreed Nutritionist at the American Red Cross WIC Program based in San Diego, California. There she was certified as a Lactation Educator to better serve her breastfeeding participants. She hopes to move forward with WIC and to become an International Board Certified Lactation Consultant.



### **Sean Egglestone**

Sean earned his B.S. in Neuroscience from the University of Pittsburgh, Pennsylvania. His dedication to health and experience as a personal trainer inspired him to go back to school at CSU Chico to complete his dietetic coursework. His career goal is to open an outpatient practice focusing on diabetes, weight loss, and body dysmorphia. He has volunteered at hospitals, community centers, and schools. With Northridge as his new home, he is excited for the opportunity to become involved in the urban gardening community.



### **Niloufar Farivarmoheb**

Niloufar received her B.A. in Biology and M.S. in Nutrition and Dietetics. She was a dietitian assistant at Los Angeles VA Hospital and Woodland Hills Kaiser Hospital. She worked as a diet coach at a cardiology office and volunteered at the Meet Each Need with Dignity (MEND) where she developed a weight management workbook. She was the secretary officer for KON at CSUN. She has been a member of SDFSA and AND. She hopes to provide nutritional counseling in private practice by promoting healthy eating and lifestyles.



### **Scott Gould**

Scott received his B.S. in Nutrition, Dietetics, and Food Sciences from CSUN. He has worked at the California Health and Longevity Institute developing school lunch programs for children, Salads Galore implementing HACCP, and volunteered at Los Robles Hospital as a dietetic aid. He has been a member of SDFSA, SCAN, ADA, and SAFCS (treasurer). Scott's short-term goal is to help reduce the childhood obesity epidemic and ultimately work with athletes as a Certified Specialist in Sports Dietetics.



### **Christy Helvestine**

Christy received her B.S. in Biopsychology at the UCSB. She is currently pursuing her M.S. in Nutrition and Dietetics at CSUN. She has been involved in campus organizations SDFSA, KON, and MMC Health Access. She worked as a DTR at Mission Community Hospital. She volunteered at Cohasset Elementary for the Garden Project and in the Dominican Republic to teach health and nutrition. She hopes to further her experience in community nutrition in her career in dietetics.



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### **Simona Hradil**

Simona received her B.A. in Psychology from the University of Texas at Dallas. She is currently working on her Masters in Nutrition and Dietetics at CSUN. Simona has worked as a graduate assistant performing body composition testing and nutritional counseling for five CSUN varsity athletic teams. She has also worked with the Let's Cook & Move in Schools program at elementary schools in the San Fernando Valley. Simona has been a member of SDFSA, KON, CPSDA, CDA and AND. Simona hopes to become a Sports Dietitian working with professional and collegiate athletes.



### **Rachel Lander-Canseco**

Rachel completed her DPD and M.S. in Nutrition and Dietetics from CSUN. She worked as a Nutrition Care Representative at Cedars-Sinai Medical Center and is currently employed as a DTR at Providence Holy Cross. She served as the Vice-President for the Kappa Omicron Nu Honor Society. Her community work includes co-coordinating Cohasset Elementary School Gardening Day and volunteering at Meals on Wheels. Rachel hopes to work in education and health promotion in the underserved communities of Los Angeles.



### **Gayane Sarkisian**

Gayane received her B.S. in Nutrition and Dietetics from Cal State Sacramento. She moved to the U.S. from Sweden on a tennis scholarship and is trilingual. At CSUS, she was a nutrition and fitness intern, National Certified Peer Health Educator, teacher's assistant for physiology and other nutrition related courses, and gained experience in sports nutrition. Most of her volunteer work was done at Sutter Hospital Cardiac Catheterization Lab, and at UC Davis. She wishes to continue motivating and inspiring people to make healthier lifestyle choices through nutrition.



### **Raina Sutton**

Raina received her Bachelor of Music Degree from the University of North Texas. Upon changing career paths Raina went on to complete the DPD Program at California State University Northridge. She has a strong passion for clinical nutrition and currently works as a Dietetic Technician at Cedars-Sinai Medical Center. She has been an active member of AND, CDA, and SDFSA. Her areas of interest include renal dietetics, GI disorders, and nutritional genomics.



### **Timothy Tran**

Timothy received his B.S. in Nutrition and Food Sciences from CSU, Chico. He worked in CSUC Dining Services, the Center for Nutrition and Activity Promotion (CNAP), and the Oroville Hospital's Dietary Services. He served as a community nutrition assistant for CNAP. Tim wishes to use his degree in nutrition to offer quality care for those in need. He desires to work closely with the community and provide nutrition education for at-risk individuals.



### **Ruben Vargas**

Ruben received his B.S. in Nutrition and Dietetics from CSUN. He was a diet clerk at Glendale Memorial Hospital. He volunteered with the Network for a Healthy California at GUSD. He was a research assistant for the CSUN Freshman Health Behaviors and Bone Health study. He has been a member of SDFSA, LAD, CDA and AND. He speaks both English and Spanish. He aspires to become a nutritional resource for the San Fernando Valley and a professional resource for dietetic students looking to grow in the field.



### **Pennina Yasharpour**

Pennina earned a B.S. in Nutrition and Dietetics from CSUN. She provided nutrition care for pregnant and postpartum women at an obstetrics clinic. She initiated a project to assess Pacoima restaurants and clients of the MEND clinic on healthy choices when eating out. She is a member of SDFSA, AND, and CDA. She is fluent in Hebrew and Farsi. After acquiring a MS and PhD, she hopes to develop culturally competent nutrition education programs for Iranian and Jewish communities in LA.

